



## TRAINING COORDINATING TEAM

Course Coordinator: Dr. Nanthini Subbiah  
Course Co-coordinators: Dr. Sneha Mishra  
Dr. Vaishali Jaiswal

# TRAINING COURSE ON RESEARCH METHODOLOGY FOR NURSING PROFESSIONALS

## ABOUT THE INSTITUTE

The NIHFW, an autonomous organization, under the Ministry of Health and Family Welfare, Government of India, acts as an 'apex technical institute' as well as a 'think tank' for the promotion of health and family welfare programs in the country. The post-graduate education, training, research, evaluation, consultancy and advisory services in the field of health and family welfare have been a major focus of the institute. In order to facilitate continuous up-gradation of knowledge and skills of various health personnel across the country, the NIHFW has been conducting training courses in different areas at regular interval. In this endeavor, the Department of Community Health Administration, NIHFW proposes to conduct a training program on 'Research Methodology for Nursing Professionals' during 16-20, February 2026.

## COURSE FEE

There is a course fee of Rs. 5000/- per participant which can be paid by only online banking. The bank details is

**Name of the Beneficiary :** Director, NIHFW, New Delhi  
**Bank Name & Branch :** SBI, NIHFW, Munirka, New Delhi  
**Account No. :** 43901234540  
**IFSC Code No. :** SBIN0001624  
**Branch Code No. :** 10439  
**MICR Code no. :** 110002429

## Further Correspondence to be addressed to:

**Dr. Nanthini Subbiah**  
**Course Coordinator (Professor & HOD)**  
**Mob: 9810334505**  
Email: [nanthini@nihfw.org](mailto:nanthini@nihfw.org)  
Department of Community Health Administration  
Phones: 2616 5959/2 616 6441/ 2618 8485/ 2610 7773  
Ext: 209

The National Institute of Health and Family Welfare  
Baba Gang Nath, Marg  
Munirka, New Delhi-110067

Phones: 011-2619 5319 (Direct): 26165959 (Extn.- 209)  
Fax: 91-11-2610 1623,  
Web Site: [www.nihfw.org](http://www.nihfw.org)

February 16<sup>th</sup> -20<sup>th</sup>, 2026



आरोग्यं सुखसम्पद  
**Department of CHA**

The National Institute of Health & Family Welfare  
Baba Gangnath Marg, Munirka,  
New Delhi-110 067  
Website: [www.nihfw.ac.in](http://www.nihfw.ac.in)

## INTRODUCTION

Nursing professionals work in a variety of settings including the hospital, the educational institution, the community health department, the business sector, home health care etc. Though each has different responsibilities, the primary goal of a professional nurse is to provide optimal care on the basis of evidence. This evidence is obtained through research. Research helps nurses to improve patient care, advance their field and stay updated.

In an era of constantly expanding information, nurses need to know and use new best practices, while remaining cost effective. They need to have an understanding and knowledge on research process, how to apply research findings into practice, identify potential research problems and collaborate on research teams. Thus it is intended to conduct this training course for the nursing professionals.

## GENERAL OBJECTIVE

The overall propose of the training course is to strengthen the knowledge of participants on research process so as to enable them to interpret and utilize the research finding for providing quality nursing care.

## SPECIFIC OBJECTIVE

On completion of the training program the participants will be able to

1. Recognize the significance and priority areas of research in the various fields of nursing
2. Discuss the steps in research process.
3. List the types, advantages and disadvantages of each research designs.
4. Describe various types of sampling strategies.
5. Discuss the various types of data collection methods used in nursing research.
6. Identify the appropriate statistics for analysis of data.
7. Discuss the preparation and dissemination of research report

## COURSE CONTENT

course intends to cover topics such as:-

- Scope of Nursing Research
- Overview of Research Process
- Review of Literature
- Research Approaches & Designs
  - Qualitative and Quantitative Research Designs
- Sampling Methods and sample size calculation
- Development of tools, testing validity and reliability
- Data collection procedure and techniques
- Organization of data analysis and interpretation
- Descriptive and inferential statistics
- Research report preparation and communicating nursing research findings

## METHODOLOGY

**The methodology of the course will comprise of:**

- Lecture cum Discussion
- Group Work
- Exercise

## DURATION

**5 Days (16<sup>th</sup> – 20<sup>st</sup> February, 2026)**

## NATURE OF PARTICIPANTS

Faculty of Nursing Training Institutions/ Senior Nursing Officers from Hospital& Community and others health institutions.

## LAST DATE OF RECEIVING NOMINATION

**6<sup>th</sup> February, 2026**

## VENUE

Teaching Block  
The National Institute of Health and Family Welfare

## WORKSHOP OUTCOME

At the end of the course participants would be able to

- Interpret and utilize the research findings for providing quality nursing care.
- Contribute/ conduct research studies in their work areas
- Enhance their knowledge in writing scientific research papers.